

# PULSE TRAIN THE TRAINER: The LEARNING Conversation

[www.pulseinstitute.com](http://www.pulseinstitute.com), 1.888.882.8804

February 11-14, 2008, Canmore, Alberta

April 14-17, 2008, San Diego, California

July 27-30, 2008, Atlanta, Georgia

## AGENDA

TIME	Mod	TITLE	ACTIVITIES
<b>DAY 1</b>			
12:00 – 13:00 Arrive and Lunch			
13:00 – 14:30	1	Prepare for the Learning	<ul style="list-style-type: none"> <li>✓ Welcome and Introductions</li> <li>✓ Process, Purpose, Protocol (PPP)</li> <li>✓ Opening the PULSE Pack</li> <li>✓ Group and individual expectations<sup>i</sup></li> </ul>
15:00 – 16:30	2	Uncover the Essence of Training	<ul style="list-style-type: none"> <li>✓ PULSE Listening</li> <li>✓ “Your Best Training Experience”</li> </ul>
16:30 – 18:00 Dinner			
18:00 – 19:30	3	Uncover the Evolution of PULSE	<ul style="list-style-type: none"> <li>✓ What is PULSE? (Process, Purpose, Protocol)</li> <li>✓ How did PULSE Evolve?</li> <li>✓ Jigsaw Reading</li> </ul>
<b>DAY 2</b>			
9:00 – 10:30	4	Uncover the Meaning of PULSE	<ul style="list-style-type: none"> <li>✓ The Appreciative Approach</li> <li>✓ The Concepts, the Cycles, the Mountain, and the Forces (Process, Purpose, Protocol)</li> </ul>
11:00 – 12:30	5	Uncover the Means of PULSE	<ul style="list-style-type: none"> <li>✓ The Frame, the Beauty and the Strength (Process, Purpose, Protocol)</li> </ul>
12:30 – 14:00 Lunch			
14:00 – 15:30	6	Uncover the Mystery of PULSE	<ul style="list-style-type: none"> <li>✓ Enneagram Assessment</li> <li>✓ C.P.R. Activity (Process, Purpose, Protocol)</li> </ul>
16:00 – 17:30	7	Uncover the Magic of PULSE	<ul style="list-style-type: none"> <li>✓ Future and Solution Focus</li> <li>✓ Appreciative Inquiry Quiz</li> <li>✓ Words Create Worlds Activity (Process, Purpose, Protocol)</li> </ul>
17:30 – 19:00 Dinner			
19:00 – 20:30	8	Uncover the PULSE Video	<ul style="list-style-type: none"> <li>✓ Watch Video</li> <li>✓ Debrief (Process, Purpose, Protocol)</li> </ul>

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TIME	Mod	TITLE	ACTIVITIES
<b>DAY 3</b>			
9:00 – 10:30	9	Learn to Plan for Learning	✓ Participants - Planning for Presentations with props
11:00 – 12:30	10	Learn PULSE Content Ways to Think in PULSE	✓ Participant Presentations
12:30 – 14:00	Lunch		
14:00 – 15:30	11	Learn PULSE Process Ways to Act in PULSE	✓ Participant Presentations
16:00 – 17:30	12	Learn PULSE Response Ways to Feel in PULSE	✓ Participant Presentations
17:30 – 19:00	Dinner <sup>ii</sup>		
19:00 – 20:30	13	Learn PULSE C.P.R. Juggling with PULSE	✓ Participant Presentations
<b>DAY 4</b>			
9:00 – 10:30	14	Search PULSE Possibilities	✓ Presentation and Discussion ✓ PULSE Business and Licensing
11:00 – 12:30	15	Explain Your Action Plan Graduation	✓ Celebration of Learning
12:30 – 13:30	Lunch and Depart		

<sup>i</sup> Participants will be expected to keep a journal, which will be provided, and to plan, prepare and present a 90 minute lesson with a partner or in a triad. Materials and resources will be provided to do this presentation.

<sup>ii</sup> One Mandatory Group Dinner, provided and included in Registration Fee